

SHE/HER/HERS

**AEA ACTOR** 

#### DIRECTOR, CHOREOGRAPHER, PERFORMER, CREATOR

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**NEW YORK, NY** 

Kelsey is a New York-based director, creator, movement specialist, choreographer, and performer whose work centers on ensemble-driven, physically based storytelling and deep text analysis. She blends heightened language with grounded vocal and physical technique to strengthen the connection between body, mind, and breath.

She founded Vicious Artists, a female-driven theatre company raising awareness about sexual assault and domestic violence, with proceeds supporting local shelters and survivors.

Kelsey is a Playground Theatre-NY directing apprentice and holds a BFA in Acting (Summa Cum Laude) from Oklahoma City University with a concentration in Theatre Directing

### **EDUCATION**

INSTITUTION	DEGREE/CERTIFICATION	DATE
Oklahoma City University	BFA Acting Concentration - Directing	Graduated Summa Cum Laude; President's Honor Roll 2017-2021
Playground-NY	Directing Apprentice	2022-2023

#### THEATRE -DIRECTOR

PROJECT	COMPANY	PROJECT DETAILS
Viciously Miscast: The Miscast Games	Vicious Artists Theatre Co.	The Green Room 42
Vicious Artists - A Night of Joy and Empowerment	Vicious Artist Theatre Co.	The Greenroom 42
Eurydice	Stage II - Mainstage	By Sarah Ruhl
All This Intimacy	Out of the Box	By Rajiv Joseph
This is Our Youth (showcase)	TheatreOCU	By Kenneth Lonergan
Off the Air	Shadow Collective, Oklahoma City	By Eric Hamilton

## THEATRE - ASSISTANT/ASSOCIATE DIRECTOR/CHOREOGRAPHER

PRODUCTION	COMPANY	PROJECT DETAILS	DIRECTOR
All My Sons	Red Umbrella Productions	By Arthur Miller	Victoria Brown
The Little Prince	South Coast Repertory	By Rick Cummins	Erin McNally
Matilda: The Musical	South Coast Repertory	By Tim Minchin	Hisa Takakuwa & Erin McNally Sjaan Trowbridge - <i>Choreographer</i>
A Bright Room Called Day	Burg Theatre, Oklahoma City	By Tony Kushner	Luke Eddy
Wizard of Oz	South Coast Repertory	By Andrew Lloyd Webber	Hisa Takakuwa & Erin McNally Sjaan Trowbridge - Choreographer

### **AWARDS**

PROJECT	COMPANY	DETAILS
All This Intimacy	Out of The Box, Oklahoma City	Awarded Best Director by Alpha Psi Omega for the Out of the Box season.
All This Intimacy	Out of the Box, Oklahoma City	Awarded Best Production by Alpha Psi Omega for the Out of the Box season.
Eurydice	Black Box Theatre, Oklahoma City	Awarded Best Director by Alpha Psi Omega for the Stage II: Black Box season.
Eurydice	Blackbox Theatre, Oklahoma City	Awarded Best Production by Alpha Psi Omega for the Stage II: Black Box season.
Off the Air	Shadow Collective, Oklahoma City	Awarded Best Director by Alpha Psi Omega for the Shadow Collective season.
Off the Air	Shadow Collective, Oklahoma City	Awarded Best Production by Alpha Psi Omega for the Shadow Collective season.

# **TEACHING ARTIST**

COMPANY	SUBJECT	DETAILS
South Coast Repertory	Improvisation/Contact Improvisation	Work with teen actors within the education conservatory on the complexities of improvisation and the importance of connecting mind, body, and breath.
South Coast Repertory	Mask work and Commedia Dell'arte Styles	Use physical acting skills to help students ranging between 8 - 17 years old to find focus in their body when creating characters.
Oklahoma Children's Theatre	After School Programming	Work with kindergarten students on the importance of ensemble building and not being afraid to be themselves. Using children's stories and building scripts for an end of semester performance for parents and teachers to attend.
Private Vocal Teacher	Singing and Vocal Coaching	Use of training in classical voice, as well as Linklater techniques to help students access and develop their singing voice in a safe and healthy way.
Yoga Teacher	200 HR Certified Vinyasa Teacher	Sequence and build flows for students of all levels. Help them find their perfect alignment as well as a sustainable connection between their mind, body, and breath to develop their practice.